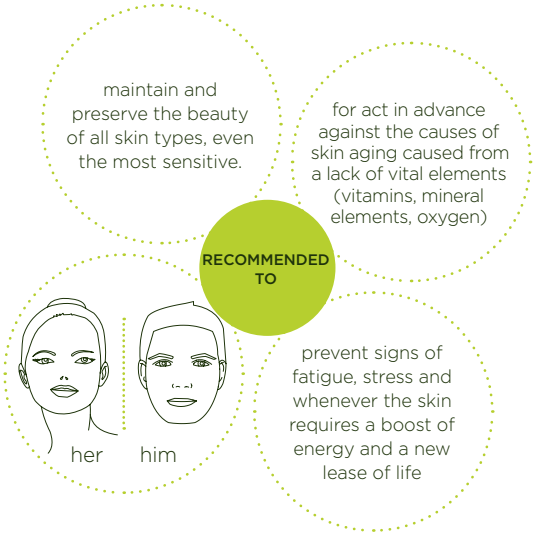
Professional treatment



WHEN TO CARRY OUT THE TREATMENT

- Anytime of the year, alternating with specific Bioline treatments
- Every now and then for a vitaminic, remineralizing and oxygenating beauty action.

DURATION AND FREQUENCY

For shock action → 5 treatments close together 1-2 treatments a week.

As prevention on younger skin → 1 treatment every 2 weeks for 5 sessions.

For maintenance → 2-3 sessions a year

The complete cycle of treatment sessions can be repeated several times at any time of the year.

BEFORE STARTING THE TREATMENT

Welcome Touch

Apply few drops of Bioaroma Softening DEC oil to the forearm, deltoid and trapezius muscle.
Position yourself sideways to the table:

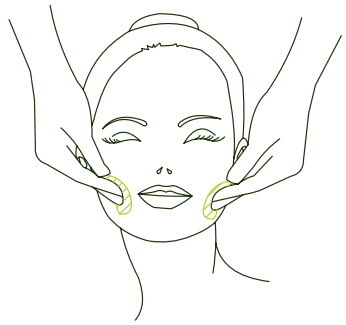
- Massage along the perimeter of the palm of the hand with the thumb, concentrating on the thenar region.
- Massage and gently pull the fingers.
- Fan strokes to the back of the hand using the thenar region.
- Digital micro-kneading on the forearm and arm (supporting the arm).
- With the fingers spread, short traction movements along the paravertebral grooves of the spine.
- With the fingers spread, long traction movements from the paravertebral grooves moving outwards.
- With the fingers spread, long traction movements on the trapezius muscle.
- Repeat all movements on the other side.

Move to the head of the table:

- Short traction movements on the paravertebral grooves of the cervical segment.
- Use three fingers to perform small strokes around the ear (treating the anterior and posterior section of the ear).
- Perform circular closing movements in a anticlockwise direction on the scalp.

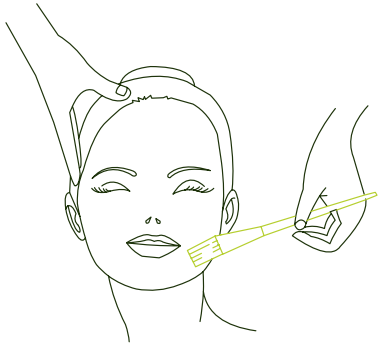
PHASE 1

Apply **Aqua Floral cleansing - make up remover** on face, neck and neckline using a cotton pad. Rinse with cotton pads soaked in warm water. Dry the skin with a tissue.



PHASE 2

Apply an even layer of **Phyto Duo gommage** (10 – 15 ml) on face and neck. Leave for 4 to 8 minutes depending on skin type, then massage with circular movements, concentrating on the thickest areas.

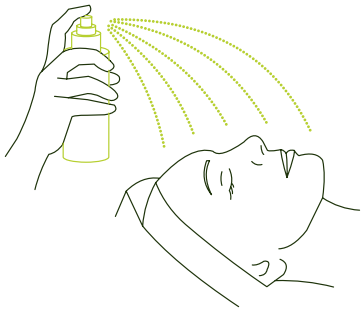


Use a tissue to remove the majority of the product, rinse thoroughly with warm water, taking care to remove any product residue.

N.B. For particularly sensitive and delicate skin, leave on face without massaging.

PHASE 3

Staying at the head of the table, spray **Aqua Fruits energizing lotion** on face, neck, and neckline pat lightly until absorbed.

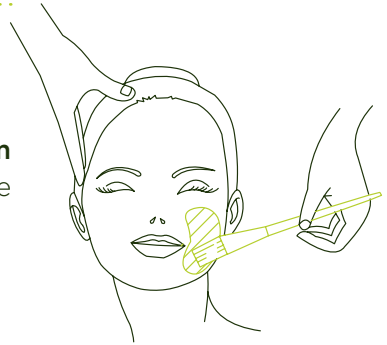


PHASE 4

Apply 2 full pipettes (around 20 drops - 2,5 ml) of **Vitamin C+E nectar** and massage on neckline, neck and face until completely absorbed.



PHASE 5



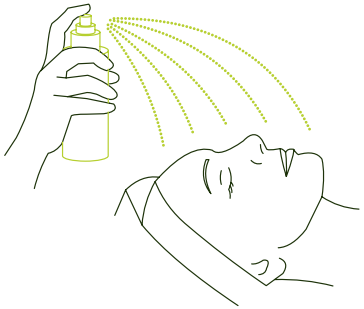
Using a brush apply 4 - 8 ml of **MineralVit C+E cream** on face, neck and neckline and carry out the Caresse massage manoeuvres.

PHASE 6



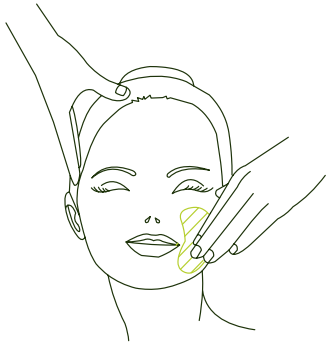
Using a brush apply 10 - 20 ml of **O2 Mineral gel mask** on face and neck. Leave for 15 – 20 minutes and rinse thoroughly.

PHASE 7



Staying at the head of the table, spray **Aqua Fruits energizing lotion** on face, neck, and neckline pat lightly until absorbed.

PHASE 8



Finish the treatment by applying 1 - 2 ml of **MineralVit C+E cream.**

