

FACE MASSAGE

REVITALIZING MASSAGE
WITH DRAINING AND DETOXIFYING ACTION

Skin Roll



BIOLINE
JATÒ

SKIN ROLL

Revitalizing massage with draining and detoxifying action

The innovative SKIN ROLL massage, studied by Bioline Jatò Laboratories, was born in combination with the cosmetic treatment DE-OX C evolution in order to intensify its action and increase its performance.

SKIN ROLL massage is characterized by manoeuvres that stimulate the tissue in depth and promote a stretching, draining and detoxifying intense action.

Specific oxygenating manoeuvres optimize the skin functionality, improve the superficial microcirculation and promote brightness and vitality of the skin. In addition, there are draining movements that move the stagnant liquid in depth and favour the tissue detoxination. The deep stimulation of the mimic facial musculature, in the end, guarantees an immediate and visible stretching action to face features.

This exclusive massage technique improves the tissue receptiveness and favours the absorption of the active ingredients that, synergically, tone and revitalize the skin.





Frequent Manoeuvres

- OPENING AND CLOSING “C” STROKE
- KNEADING
- SEQUENTIAL STIMULATION WITH FINGERTIPS
- WALKING WITH INDEX AND MIDDLE FINGER
- SCISSOR STROKE

Effects

- Stimulates the microcirculation, oxygenating the tissue
- Favours the elimination of toxins through a deep draining action
- Stretching action on the facial mimic muscles
- Improves the absorption of the active ingredients into the skin

Contraindications

- Not intact skin
- Inflammatory states
- Cancer
- Recent face surgery
- Recent medical aesthetic treatment (filler, botox)

It's necessary for the Beauty Expert to

- Have very short nails
- Modulate the pressure according to the skin's reactivity, avoiding the sensitive and/or inflamed areas

Using a brush, apply from 4 to 8 ml of DE-OX C Evolution cream intensive radiance on décolleté. Massage the cream and extend the product also on face.

! LEFT SIDE OF THE MASSAGE TABLE



01

Enveloping “C” stroke using hands and forearms on décolleté and shoulders.

Repeat the movement 3/5 times.

! HEAD OF THE MASSAGE TABLE



02

Kneading on pectoral muscle from the shoulders to the sternum and back.

Repeat on the other side.



03

Wave pressure with flat hands on pectoral muscle.



04

Vertical roulage on the sternum.



05

Wave movements on décolleté using knuckles.



06

Turn the face on one side and perform some stroke back and forth with the fist:
on trapezius, from the base of the neck towards the shoulder and back.

**06**

On the neck, from occipital bones towards the shoulder and back.

**06**

On one arm, from elbow towards the shoulder and back.

Repeat the movements on the other side from point 6a to point 6c.

**07**

Kneading of trapezius muscle.

**08**

Alternated hands stroke on cervical segment.



09

Rolling movement with alternated hands on the neck.



10

Sequential stimulation with fingertips along face contour (from little finger to index finger).



11

Alternated strokes along the jawline with fingertips, from the centre of the chin outwards.



12

Alternated scissor strokes (index and middle finger) around orbicularis oris.

**13**

Walking with index and middle finger on the naso labial fold, supporting the movement with one hand.

**14**

Strokes with fingertips on the bottom and the top of the zygomatic bone towards temples.

**15**

Sequential stimulation with fingertips on the lower part of the zygomatic bone.

**16**

Sequential stimulation on the zygomatic lower point with fingertips (from index to little finger).



17

Alternated scissor strokes around the orbicularis oculi.



18

Walking with index and middle fingers on temples, supporting the movement with one hand.



19

Small circles on the nasal bone.

Short strokes on the nasal pyramid.

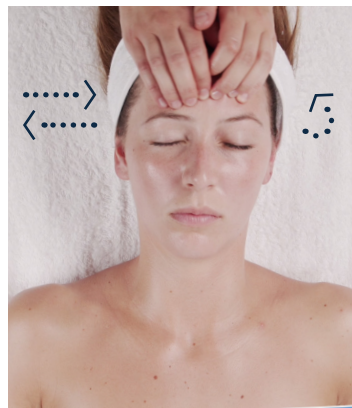


20

Scissor strokes starting from corrugator supercilii along orbicularis oculi.



21
Decontraction of procerus with thumbs.



22
Decontraction on the forehead with fingertips: vertical and horizontal zig zag and circles.



23
Prayer movement on the forehead.

! RIGHT SIDE OF THE MESSAGE TABLE



24
Enveloping “C” stroke using hands and forearms on décolleté and shoulders with final vibration along the arm. Repeat the movements 3/5 times.



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