

## **CONSULTATION CARD**



NAME				DATE	
ADDRESS	LAST MIDDLE FIRST			BIRTHDAY	
CITY	(STATE)(ZIP)				
PHONE					
EMAIL			T	HERAPIST	
FACIAL CONSULTATION					
Chia Tara			5		
☐ Adult Breakouts ☐ Very Se☐ Mature	ve 🗌 Combination ensitive/Rosacea	☐ Oily ☐ Acne	Recent Spa Services  Microdermabrasion Enzyme Peels Acid Peels Waxing Services		Date Date Date Date
Current Issues		Medical or surgical procedures			
<ul> <li>□ Cysts or Lesions</li> <li>□ Acne Scars</li> <li>□ Dilated Capillaries</li> <li>□ Hyperpigmentation (brown spots from sun, scars, hormonal)</li> <li>Eye Area</li> <li>□ Crows Feet/Wrinkles</li> <li>□ Lack of Elasticity</li> <li>□ Papules</li> <li>□ Whiteheads</li> <li>□ Whiteheads</li> <li>□ Enlarged Pores</li> <li>□ Enlarged Pores</li> <li>□ Puffiness</li> <li>□ Dark Shadows</li> </ul>			Rhytidectomy (Face lift) Rhinoplasty (Nose) Blepharoplasty (Eye lift) Laser Resurfacing Dermabrasion Medical Acid Peels Collagen Injections Restylane Injections		Date
Mouth Area ☐ Botox® Injection			☐ Botox® Injections		Date
- Willikes - Nasolabla Folds - Type Figure Ration			☐ Other		Date
Cheek Area  Loss of Elasticity Hyperpigmentation Dilated Pores  Neck & Décolleté Area Wrinkles Lack of Elasticity Severe Sun Damage  Sun Damage Uneven Texture Visible Capillaries  Lack of Elasticity Hyperpigmentation			Current Skin Care Regin  Eye Make-Up Remove Cleanser Toner Moisturizer Exfoliant Mask Make-up		Brand
How often do you receive a facial?			Sunscreen		Brand
$\square$ Monthly $\square$ Few Times per Year	Notes:				
BODY CONSULTATION					
Current Concerns:					
Dry and/or Flaky Skin			Current Body Product R	egimen	
☐ Arms ☐ Elbows ☐ Knees ☐ Legs ☐ Knees ☐ Cily Skin and/or Breakouts	☐ Chest ☐ Feet	□ Back	<ul><li>□ Body Scrub</li><li>□ Body Wash/Soap</li><li>□ Body Moisturizer</li><li>□ Body Firming Cream</li><li>□ Bath Salt</li></ul>		Brand
☐ Back ☐ Chest		How often do you receive body treatments?			
Loss of Elasticity & Firmness			☐ Monthly ☐ Few Times per Year ☐ Yearly ☐ Never		
☐ Breasts ☐ Inner Arms ☐ Mid Torso ☐ Buttocks ☐ Inner Thighs  Cellulite			How often do you recei	How often do you receive massages?	
		☐ Monthly ☐ Few Times per Year ☐ Yearly ☐ Never			
		☐ Thighs	Type of Massage Pressu	re do you pref	er?
List any injuries including breaks and sprains, muscle adhesions, swelling, cuts, etc:			☐ Light ☐ M Notes:	ledium	Firm
Medical or Surgical Procedures?					
☐ Breast Augmentation ☐ Breast Reduction	☐ Liposuction☐ Tummy Tuck				

## **HEALTH INFORMATION** Have you ever been diagnosed with any of the following skin Have you ever been diagnosed with any of the following? disorders? Anxiety Cancer ☐ Hemophilia Acne ☐ Seborrhea☐ Skin Cancers ☐ Eczema☐ Rosacea ☐ Depression ☐ Diabetes Hepatitis Psoriasis ☐ Migraines Herpes ☐ Thyroid ☐ Mycosis (fungal infection) ☐ Contact Dermatitis Asthma ☐ Epilepsy HIV ☐ Sinus Problems ☐ Heart Problems Other Do you suffer from any allergies? ☐ High Blood Pressure ☐ Low Blood Pressure (cosmetic ingredients, food, iodine, medications, hay fever, latex) Do You: ☐ Yes (please specify) Smoke Exercise ☐ Eat Spicy Foods ☐ Wear Contact Lenses Are you currently undergoing chemotherapy or radiation therapy? No ☐ Yes (please specify) Sun Exposure: Are you currently taking any medications, herbs, vitamins? ■ Burn Easily ■ Tan Easily ☐ Never Burn ☐ Never Tan Internal: \_ **Alcohol Consumption** Topical: ☐ Seldom ☐ Regularly Never Daily Water Consumption (in glasses): Have you ever been prescribed Accutane<sup>®</sup>? If yes, last date used?\_ 3-5 6-8+ Do you have any body implants? Women's Questions - Do/Are you: ☐ Prosthesis ☐ Metal Regular Menstruation Menopause Other, explain\_\_\_ Birth Control Pill Pregnant Lactating ☐ IUD (copper or plastic) ☐ Hormonal Problems **SKIN ANALYSIS** Notes: Notes: PROFESSIONAL RECOMMENDATIONS DATE **TREATMENTS** THERAPIST DATE **THERAPIST HOME CARE**